

Emergency Relief

<p>Salvation Army 1300 371 288 9am-5pm 7 days a week</p> <p>for assessment and information on where to collect assistance</p>	<p>ASSISTANCE AVAILABLE: EAPA vouchers, phone & utility bills, food parcels, family store, community outreach programs, financial assistance in form of specialised EFTPOS cards.</p>
<p>St Vincent de Paul's Katoomba-47822041 54 Waratah Street</p> <p>Kingswood-4731 5900 74 Cox Street</p>	<p>ASSISTANCE AVAILABLE: Clothing, furniture, EAPA, supermarket vouchers, utility & phone bills, medical/ pharmaceutical, funeral service, rental assistance/ accommodation, budgeting counselling</p>

Emergency Relief

<p>ANGELICARE Penrith-0466 774 674</p> <p>396 High Street, Penrith (current location with plans to move in the near future)</p>	<p>ASSISTANCE AVAILABLE: Food parcels, clothing, petrol vouchers, utility & phone bills, market vouchers, medical/ pharmaceutical assist., rental assist., referral/ assessment, case management, client advocacy, removals.</p>
<p>Wesley Mission + Mountains Support+ 2 Station Street, Katoomba T-4782 1555</p>	<p>ASSISTANCE AVAILABLE: woolworths essentials cards (B19 w, woolworths & car-ex combined) through mountains support+ drop-in.</p>

Other practical help

<p>Blackheath Area Neighbourhood Centre gardiner cr., Blackheath. T-4782 1608</p>	<p>ASSISTANCE AVAILABLE: NILLS-Phone for appl., drop-in for food 9.30am-4.30pm.</p>
<p>Mountains Support+ 2 Station Street, Katoomba T-4782 1555</p>	<p>ASSISTANCE AVAILABLE: FRESH food, EAPA, utilities & water assist., ER, free brekkie, referral & advocacy/ advice, some household goods, food locker</p>
<p><i>Also refer to Wesley Mission ER for info about Emergency Relief Program</i></p>	
<p>Gateway 70 Old Bathurst Rd, Baxland +4739 5963 * f-4769 9086</p>	<p>ASSISTANCE AVAILABLE: Food vouchers when avail, food shelf.</p>

Other practical help

<p>Mid-Mountains Neighbourhood Centre 9 New St., Lawson. T-4769 2592 www.mncc.org.au</p>	<p>ASSISTANCE AVAILABLE: NILLS LOANS & EAPA THROUGH ST. VINNIE'S (refer to ER for more info)</p>
<p>Springwood Neighbourhood Centre 108 Macquarie Road, Springwood. T-4751 3033 * www.sncc.org.au</p>	<p>ASSISTANCE AVAILABLE: NON-PERISHABLE FOOD.</p>
<p>Winmalee Neighbourhood Centre 62 Whitecross Rd, Winmalee. T-4754 4050. <i>Use name for website</i></p>	<p>ASSISTANCE AVAILABLE: NILLS loans, fresh food, EAPA & Teisha assist., bushfire assist., community lunch.</p>

Mountains support

Blue Mountains Family Support Service Inc. 

Practical assistance

Contact services listed directly for more info.

2 Station Street, Katoomba 2780
t-02 4782 1555 * bmfss@pnc.com.au
www.bmfss.org.au

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Blue Mountains Family Support Service Inc.

Who we are

MOUNTAINS SUPPORT+ (BLUE MOUNTAINS FAMILY SUPPORT+ SERVICE) is a community-based organisation that has provided assistance to the community for over 35 years through parenting & practical support programs.

We recognise the importance of accessible & clear information to those in need or to assist services for referral.

We hope this resource can help connect those using it to the right services for those seeking practical help.

COOKED MEALS

MON	BREAKFAST CLUB-KATOOMBIA 7.30am-9.30am @ 35 Waratah Street. Ph. 4782 9251. Run by: SAIVAHON ARMY
	COMMUNITY LUNCH-SPRINGWOOD 11am-12.30pm + tea/coffee from 10am @ PRESBYTERIAN CHURCH. Ph. 4754 4050 Run by: WINDALEE NEIGHBOURHOOD CENTRE
TUE	COMMUNITY LUNCH-KATOOMBIA OPEN HEALTH-11am-1pm @ 142 KATOOMBIA ST. Ph. 4757 4394. Run by: UNITHING CHURCH, KATOOMBIA.
Wed	COMMUNITY BREKKIE -KATOOMBIA 9.30am-9.30 @ 2 STATION STREET. Ph. 4782 1555 or bhfss@pnc.com.au Run by: BLUE MOUNTAINS FAMILY SUPPORT+

COOKED MEALS

Thur	COMMUNITY LUNCHES-KATOOMBIA 1st & 2nd Thursday of the month @ 6-8 STATION STREET. Ph. 4782 117 Run by: KATOOMBIA NEIGHBOURHOOD CTR
Fri	Evening meal-KATOOMBIA LAST FRI OF MONTH @ 142 KATOOMBIA ST. Ph. 47857 4394 Run by: UNITHING CHURCH, KATOOMBIA.
	COMMUNITY CAFE -KATOOMBIA Gold coin donation. @ 6-8 STATION STREET. Ph. 4782 117 Run by: KATOOMBIA NEIGHBOURHOOD CTR
SUN	COMMUNITY LUNCH -KATOOMBIA 10am-2pm @ hall at back of church Unithing Church, 142 Katoomba St. Run by: BM SOUL KITCHEN

MEALS: BM Food services

MON	TUES	Wed	THUR	Fri
KATOOMBIA	Bloxland SWOOD	Lawson KATOOMBIA BLACKHILL	KATOOMBIA SWOOD	KATOOMBIA
MEALS FROM 11.30am-1.00pm BM Food Services, 25 Livingstone St. Lawson (+) 02 4759 2311				
* Meals on wheels for the elderly, people with a disability and their carers			Bloxland -Sharron BURRIDGE HALL, HOPE ST. SPRINGWOOD -Presbyterian Hall, MACQUARIE Rd. Lawson -Neighbourhood Centre, New St. KATOOMBIA -CIVIC CENTRE, KATOOMBIA ST. BLACKHEATH -RSL Club, Cnr Station & Bundarra Sts.	
* Low Price meals through the Village Restaurants				
* Bookings need to be made for all venues except Katoomba				

Other contacts

Centrelink	+13 29 50
MOUNTAINS YOUTH SERVICES TEAM Practical & crisis assistance through Glue Factory-Internet, kitchen, emergency food, laundry & study facilities available.	+4782 6562 www.mysf.com.au Check webpage or ring for locations
PIA+FORM Practical support via Glue Factory for young people in crisis or vulnerable 15-25 years.	+4760 0800 24 HOURS/7 DAYS www.pia+formysf.org.au
The Glue Factory Walk-ins Mon to Thurs, 10am-2pm for youth 12-25 years who are in crisis, vulnerable or dealing with drug & alcohol issues.	+4782 4436
Link to Home For those homeless or at risk	1800 152 152

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