NDIS & ART THERAPY

In the Blue Mountains and Nepean Regions



Art Therapy facilitates emotional acceptance and growth and the optimal development of personal resources.

Did you know that Art Therapy can be a part of your NDIS Core Supports package under 'Improved daily living skills - Individual counselling'?

Art Therapists who are registered Providers with NDIS:

- ✓ hold a Post Graduate Masters Degree in Art Therapy
- ✓ have at least 5 years experience working with a range of client needs
- ✓ use their education, knowledge, and creativity to adapt and develop effective, individualised treatment plans that can safely address the personal needs and goals



In the Blue Mountains and Nepean Regions these qualified

Art Therapists work with NDIS clients:

Toni Jessop (Springwood) p. 0414 399 555 ttj2702@gmail.com

Sue Wildman (Katoomba) p. 0438 830 390 <u>suewildman@bigpond.com</u>

Nicole Luhrs (Blue Mtns, Penrith, Hawkesbury) p. 0410 146 053

Martin Roberts (Springwood, Fridays only) p. 0439 419 121 martin@martinroberts.com.au

Mishy Rowan (Penrith, Blue Mtns, Lithgow) www.mishyrowan.com p. 0487 727 657 hello@mishyrowan.com

Annette Coulter (PACFA reg.) p. 0408 822 080 annettecoulter@bigpond.com